

Lil' Dragons Karate



REGISTRATION PERIOD: For Session #1: Now through September 7th. **Please register early to avoid your class/time being full.**

REGISTRATION FORM AND FEES: Complete and detach the registration form below and return with appropriate registration fee or register online and receive a discount. Internet registration can be found at www.wahociviccenter.com.

PROGRAM FORMAT: Two classes will be held on Tuesdays at 5:00pm or 5:45pm. Each session is for five weeks. Classes will be held September 28th and October 5th, 12th, 19th and 26th. Limit of 15 participants per class. Please mark start date and class time on your calendar.

CLASS DESCRIPTION: Lil' Dragons classes will focus on developing balance, focus, motor-skills, self-defense techniques, rolling, falling, basic marital arts skills, and awareness of "stranger danger". Lil' Dragons classes are for boys and girls who are 4-7 years old by the first day of class.

INSTRUCTOR: Mike Rowe is a 6th Degree Black Belt with over 30 years of martial arts experience including over 15 years of teaching children. He has been honored many times for his contributions to self-defense education, including accolades from former Nebraska Governor Mike Johanns, the International Martial Arts Hall of Fame, and the United States Navy.

(See reverse side for additional information.)



REGISTRATION FORM – 2010 KARATE (Session #1)

Participant's Name _____ Address _____ City/Zip _____
 Date of Birth _____ Age Today _____ Grade in School _____
 Male: _____ Female: _____ Home Phone _____ Parent's Work Phone _____
 Parent's/Guardian's Name _____ Email address _____

In order to take advantage of the member rate, you must have a current Civic Center membership.

Register online and save!

Please indicate the class for which you are registering by circling the appropriate box.

Return registration form to the Civic Center.
 If mailing, send to:
 Wahoo Parks and Recreation Department
 Attn: Lil' Dragons Karate Registration
 310 N. Linden St.
 Wahoo, NE 68066

CLASS	MEMBER	NON-MEMBER
Lil' Dragons 5:00pm-5:45pm	\$25	\$40
Lil' Dragons 5:45pm-6:30pm	\$25	\$40

PERMISSION TO PARTICIPATE and INDEMNIFICATION AGREEMENT

I have read the aforementioned information concerning the Wahoo Parks and Recreation youth instructional program named herein and agree to its rules and format and give my child permission to participate in such a program.

Realizing that my child is participating for fun, recreation, and personal betterment, I hereby for myself and for my child, our heirs, personal representatives and assigns, waive and release any and all claim for injuries or damages of any kind of nature which either I or my child may have against the City of Wahoo, any instructor or assistant thereto, or anyone who organizes or causes this program to operate, their agents, representatives and assigns as a result of any class session or any participating in said instructional program and indemnify the City of Wahoo, and all parties named herein against such claim or damages arising from such claims. We hereby agree that instructors and their assistants shall not be liable for the injury or death of my child as a participant in said Wahoo Parks and Recreation program which results from the negligence of any of the above listed individuals. I understand that the City of Wahoo assumes no legal or financial responsibility in case of accident or injury and I assume full responsibility for my child's medical expenses and waive all rights or causes of action, which my child or I may have against the City of Wahoo and each of the persons named herein.

Parent's/Guardian's Signature _____ Date _____

FOR OFFICE USE ONLY					
Date Pd. _____	Cash <input type="checkbox"/>	Check <input type="checkbox"/>	Chk. # _____	Credit Card <input type="checkbox"/>	Amount Pd. _____
					Staff Member _____

WHAT TO WEAR: Children should wear loose comfortable clothing such as sweat pants. Shirts should be tucked in. Long hair should be tied back in a ponytail or in braids. Everyone should be barefoot in class.

QUESTIONS: Contact Bob Schmidt at 443-4174 during normal business hours. To register online or find out more about Wahoo Parks and Recreation programs and events, visit our web site at www.wahociviccenter.com.